



SALTED

CONNECT

- Who is someone in your life that consistently makes the environments they are in better? What do they do that creates that effect?

READ MATTHEW 5:13-16

- What stands out to you most about Jesus calling His followers “salt” and “light”?

1. Enhances & preserves

Jesus says believers are the salt of the earth, meaning we should make the places we live better.

- If you disappeared from your workplace, neighborhood, or social circle tomorrow, what would people miss about your presence?

Salt in Jesus’ day was used mainly to **slow decay**.

- Where do you see moral, relational, or spiritual decay in the culture around you?
- What does it look like to push back against that decay through the way you live?

2. Guide & give clarity

Jesus says His followers are the light of the world, guiding people in darkness.

- Who in your life right now might be walking through confusion, fear, or discouragement?
- What would it look like for you to bring clarity or hope into that situation?

SO WHAT?

- What is one practical way you can be salt and light this week in a place God has already placed you?

PRAY

SUGGESTED ACCOUNTABILITY QUESTIONS

TOP THREE

- What has God been teaching/challenging you in this week through Scripture and prayer?
- When it comes to your relationships, what can we pray for you about?
- Are you holding on to anything you need to confess (anger, lust, envy, anxiety, jealousy, bitterness)?